## **Working with Neck Pain**



## **Robyn Wood**

2 days / 16 hours Prerequisite: Module 8

WORKING WITH NECK PAIN One day Workshop or 8 CEUs. Many clients have had emotional and physical traumas to the neck. It is one of the most sensitive and vulnerable areas of the body. "Power point" based, Manual supplied. 1. We look at the many and varied "assessments by observation" which Mr Bowen used. 2. Postural, habitual "collagen creations" in the neck and back. 3. Thoracic Outlet problems, and the Vagus nerve 4. Muscles, Meridians, and Muscle Train connections 5. The cerebrospinal influence Learn how Bowen and strengthen/stretch exercises can assist "fearful necks". Neck Pain is one of the most common complaints with clients. Added knowledge will give added results.